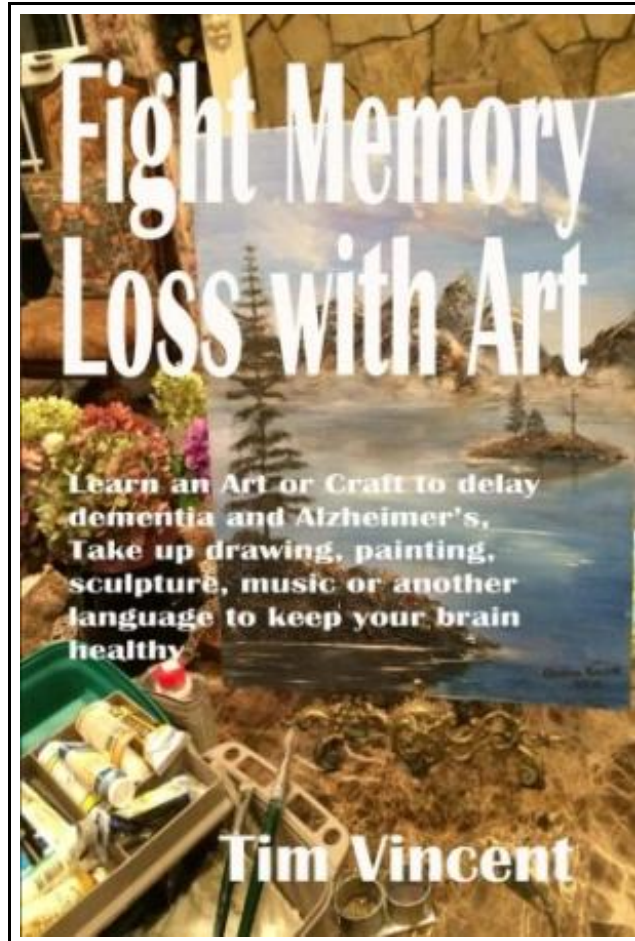


# Fight Memory Loss with Art: Learn an Art or Craft to Delay Dementia and Alzheimer's, Take Up Drawing, Painting, Sculpture, Music or Another Language to Keep Your Brain Healthy



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