



Health, Well-Being and Older People

By Jan Reed, David Stanley, Charlotte Clarke

Policy Press. Paperback. Book Condition: new. BRAND NEW, *Health, Well-Being and Older People*, Jan Reed, David Stanley, Charlotte Clarke, With moves towards greater integration of health and social care services, there is a need for improved understanding of the importance and benefits of a person-centred, holistic approach to work in these fields. This accessible text, the product of a collaborative venture between older people's groups and academics, provides students, academics and practitioners across a wide range of health and social care professions with a guide to understanding the value of this approach. *Health, well-being and older people*: provides an overview of relevant research and service development literature; presents and discusses a range of issues that are important to the health of older people including attitudes and ageism, the body, the environment, family and community, sexuality and having fun; draws on material developed and, in some cases, written by older people themselves; integrates theory and empirical evidence with practice experience; offers models of best practice. Designed with the needs of students in mind, each chapter has helpful aids to understanding including: key learning points; models for case studies; summaries and exercises; glossaries and recommended texts. Throughout, readers are encouraged to think...



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