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American Indian Corn (Maize) a Cheap, Wholesome, and Nutritious Food, Ways to Prepare and Cook It (Classic Reprint)

By Charles J Murphy

Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Excerpt from American Indian Corn (Maize) A Cheap, Wholesome, and Nutritious Food, Ways to Prepare and Cook It Millions of people in America are earnestly seeking a way to do their bit toward winning the war. Here is a simple solution of the problem: Eat Corn Bread! This is an initial step toward efficient food conservation. In 1890, Congress sent a commission abroad to introduce and promote the use of Indian corn in foreign domestic economy. An Indian Corn Kitchen was established in Paris by the commission, which did much to popularize the grain; but adoption was slow and its use did not become general. In 1917, Congress sent out another corn message, this time to the American people. This message urged the use of corn meal - converted into some of the palatable old-fashioned dishes - on our tables at least once a day, to release most of our wheat crop for the sustenance of the Allied armies. About the Publisher Forgotten Books publishes hundreds of thousands of rare and classic books. Find more at This...



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