



A nutritional diet Directory (YGS)(Chinese Edition)

By BEN SHE

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date :1999-05-01 Pages: 241 Publisher: China Textile Information title: nutrition diet guide (YGS) List Price: 13 yuan Author: Publisher: the China Textile Publication Date :1999-05-01 ISBN: 9787506416344 words : Page: 241 Edition: Binding: Folio: Weight: Editor's Summary This book is a home healthcare Series. Includes two major nutrition articles and diet articles. Detailed knowledge of nutritional science intended to each family. guiding people reasonably balanced diet. health and longevity. Nutrition articles described the physiological functions of the human body needs a variety of nutrients and food sources. the role of the nutritional value of various types of food and health. pregnant women. nursing mothers. infants and young children. schoolchildren. the elderly and the special environment. harmful workers nutrition with meals; diet articles highlighting nutrition obesity disease. diabetes. cardiovascular disease. cancer and other disorders prevention Chinese diet election party. medicated production and application of health food. and strengthen the function of the masses of food recipes Reviews . This book is rich in content. practical application of today's home essential nutrition diet manual. but also the modern faithful nutritionist....

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