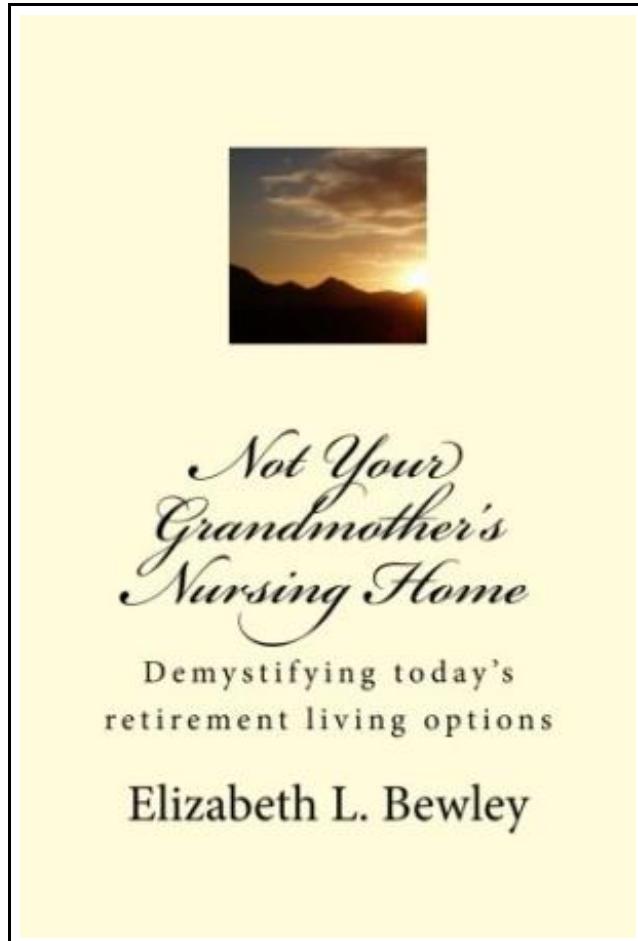


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Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Need a crash course in retirement living and care options, because a family member needs more help than is available at home? Making care arrangements for a loved one about to be discharged from the hospital? Afraid you ll overlook something critical in planning to move from your home into a retirement community? Refusing to consider a move to a retirement community because it seems too complicated to manage? Overwhelmed by jargon and incomplete information about senior living and care options? Wish there was an easy-to-read book that would explain this topic clearly so that you would know what to watch out for? Trying to help others understand why it might be useful to consider moving to a retirement community and what it s like to live there? Not Your Grandmother s Nursing Home, a collection of forty articles from Elizabeth L. Bewley s weekly newspaper column The Good Patient, appearing in the Prescott, AZ Daily Courier, is a treasure trove of insight about retirement living options, including both benefits and pitfalls. Some of the topics covered are: Key features of arrangements for independent living, assisted living, nursing/skilled nursing and memory care (dementia care) in retirement communities, and what living in each is like Costs for each type of living arrangement Covering the costs of living in a retirement community Features and costs for subsidized senior housing Expert services available to help seniors manage a move from a home of many years Getting medical and non-medical services without moving from your home Getting help to declutter and improve safety without moving Safeguarding the health of loved ones who live in assisted living or other types of care arrangements...

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