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Listen to the Silence: Lessons from Trees and Other Masters

By Jan Allegretti

iUniverse, Inc. Hardcover. Book Condition: New. Hardcover. 132 pages. Dimensions: 8.4in. x 5.6in. x 0.8in. Listen to the Silence is an open invitation to wander a forest path or sit beside a mountain creek, letting the beauty of nature wash over you. See the world with new eyes as you learn compassion from a bug, feel the wind sweep away the ache in your heart, or let the gentle eyes of a beautiful black dog erase your fears. Here you will find peace and new hope in the silent wisdom of trees, spiders, and sunlit moss. In this thoughtful and inspiring blend of prose-poetry, meditation, and narrative, you'll share the authors intimate relationship with the Earth and its inhabitants, and experience the transcendence possible as you enter the world of nature and simply listen. Whether you read Listen to the Silence in one sitting or a page at a time, you'll find a new awareness of what lies outside your door and inside your heart. Listen to the Silence is a meditation beside a fern-lined mountain stream. It's a slow, gentle walk in the woods where the only voice you hear is your own and you suddenly recognize it is but a single...



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