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It Sucked and Then I Cried: How I Had a Baby, a Breakdown, and a Much Needed Margarita

By Heather Armstrong

Gallery. Paperback. Book Condition: New. Paperback. 272 pages. Dimensions: 8.9in. x 6.0in. x 0.8in. An irreverent and captivating memoir about the unexpected joys and glaring indignities of pregnancy, childbirth, and parenthood - from the beloved creator of the most popular personal blog on the web, dooce. com. Heather Armstrong gave up a lot of things when she and her husband, Jon, decided to have a baby: beer, small boobs, free time -- and antidepressants. The eighteen months that followed were filled with anxiety, constipation, nacho cheese Doritos, and an unconditional love that threatened to make her heart explode. Still, as baby Leta grew and her husband, Jon, returned to work, Heather faced lonely days, sleepless nights, and endless screaming that sometimes made her wish she'd never become a mother. Just as she was poised to throw another gallon of milk at her husband's head, she committed herself for a short stay in a mental hospital -- the best decision she ever made for her family. To the dedicated millions who can't get enough of Heathers unforgettablely unique style and hilarious stories on her hugely popular blog, there's little she won't share about her daily life as a recovering Mormon, liberal daughter of...



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