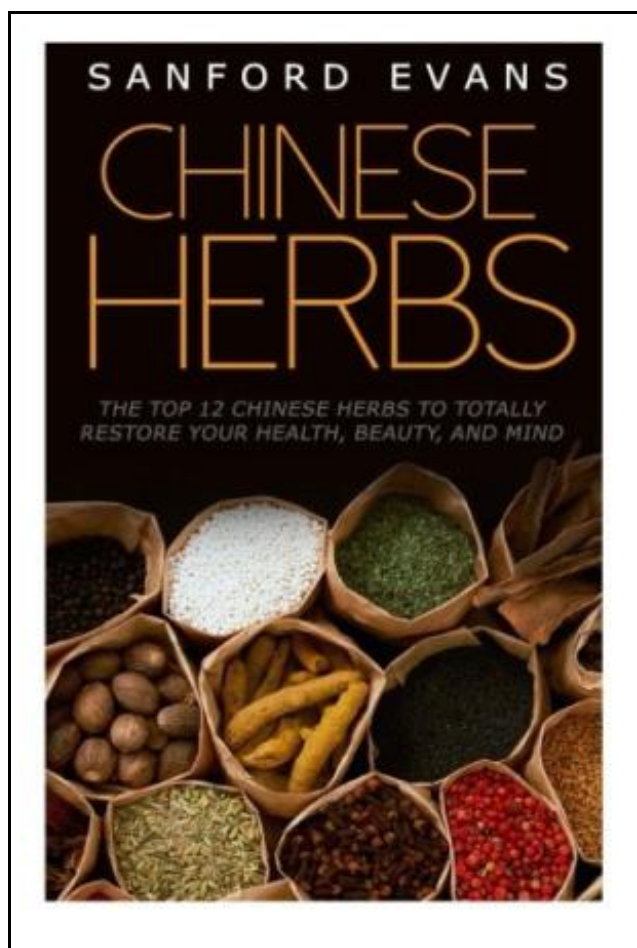


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Createspace, United States, 2014. Paperback. Book Condition: New. 218 x 142 mm. Language: English . Brand New Book ***** Print on Demand *****.What Everybody Ought to Know About The Top 12 Chinese Herbs? * * *LIMITED TIME OFFER! 50 OFF! (Regular Price \$5.99)* * * Know The Best Chinese Herbs And Their Uses The Chinese herbs are the herbs which are used widely in preparing herbal medicines, which are aimed towards providing a holistic effect to the body. The Chinese traditional medicine has provided almost 2000 herbs which can be used by the people for various purposes. This book talks about 12 important herbs, their uses, side effects and also ways to use them in your diet. This book is about the science of using the herb and the art of consuming it in the right way. What is the use of this book? If you are planning to get a complete relief from any ailment, without causing any major side effects, you can opt for the herbs. Herbs are the nature s way of detoxing your body. God knew that men would eventually pollute his body and the earth and provided some remedies that are in the form of roots, fruits or flower of the herbs. Most of these herbs are now available worldwide and it is easy for you to find them and use them in your diet. Reading this book does not give you the license or knowledge for proposing medicines or starting up a traditional Chinese healing center. This book is not a guide for complete medicinal use of the herbs. It is just a handbook that helps you to choose the herbs to help you get relief from certain ailments. Last but not least, get a doctor s advice, before you start making use of...



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